

7/19 Celtic Cross

Inquiry:

I am dealing with a lot of confusion and am having a hard time knowing which way to move forward. What do my guides say?

Deck: The Awakening Tarot - an elemental approach



Overall Answer:

I like to start with the answer and give you time to leisurely read the rest, so to directly answer your question, your guides are pointing out a spirit of confusion being present, causing your feelings of uncertainty.

We all have two wolves inside, and the one we feed is the one who survives. The way forward will become clear to you once you quiet your inner critic and establish trust with your inner advocate.

Who or what is the spirit of confusion?

The spirit of confusion appears under a few circumstances:

- When we repeatedly fail to meet our actions with our values.
- When we repeatedly tell ourselves that we will do something and don't.
- When we are heavily influenced by someone with a personality disorder in which inner turmoil and mental fog arises from stress, trauma, or conflicting thoughts.
- When we cannot understand why a series of unfortunate events has happened.

How I got here:
full reading below



How these work:



Upright keywords are on top,
reversed are on bottom.



“This Covers Them”

-The general energy covering everything.
The current the reading flows down.



The reversed High Priestess suggests a disconnect from your intuition. You might be feeling uncertain because you're not trusting your inner voice. In addition, you may be just doubting yourself in general.

Given the question asked and what I am hearing in my head, I would say the spirit of confusion is present.

The best way to reestablish trust in yourself is by doing the things you tell yourself you will do. Start small, set yourself up for success. Don't make grandiose promises to yourself that will be easy to break. Also, listening to your gut instincts.

Card...



“This Crosses Them”

-Obstacles, if there are any.



Oh babes.... so, the biggest obstacle causing your confusion is feelings of being at a disadvantage or feeling overwhelmed in general. Feelings of lack may be present too, but I am going to see if any other cards to point to that before I dig in there.

It is easy to get stuck on questions like, “why is this happening to me?” Or to feel like a victim of circumstance. Unless you are asking yourself questions like that to take action to change things, I would avoid entertaining thoughts like those, as neither help the situation.

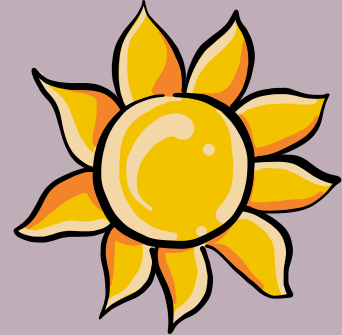


Card...



“This Crowns Them”

-The outcome the querent hoped for, this is what your conscious mind is trying to achieve.



Well, things do not lighten up here, and yes that pun was intended. Also, the lack comment from last card is being verified here.

On a conscious level, there's a sense of pessimism or a lack of clarity. You might be feeling down or unable to see the brighter side of your situation, which affects your ability to move forward. There are also aspects of feeling uncared for when this card is reversed.



“This is Beneath Them”

Card



The subconscious workings, the foundation, or what the querent may have already assimilated.

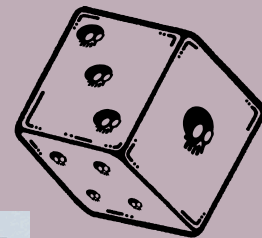


Subconsciously, you're assessing the efforts you've put in and the results you're getting. There's a sense of evaluating if your hard work will pay off. Given the prior cards I have to wonder if something in your life just went sour and has dramatically altered your outlook on the direction you believed you were going.

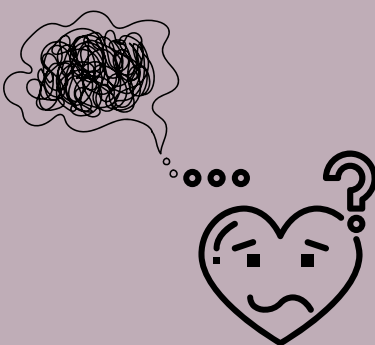


“This is Behind Them”

The recent past what influenced the situation.



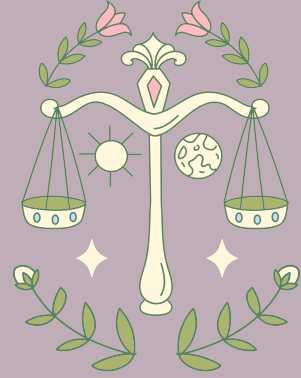
So, remember that sour situation I suspected...
The origin of your current situation is tied to past pain or heartbreak. There's been a recent emotional turmoil that has left its mark on you. Either you are in a relationship that is breaking you down or you just lost your job or something. This isn't feeling like a minor event.





“This is Before Them”

-The immediate future



Whew, thank goodness, some relief.

The near future suggests that some of your anxieties and worries will start to diminish. While the stress might not completely disappear, there will be a shift towards lessening the intensity of these feelings.

And if you notice, trust is one of the keywords. It looks like you do find that trust in yourself again!! Hooray!





“Themselves.”

-Your attitude and actions towards the situation. This is also the advice card,



This card suggests that you might be feeling trapped or bound by unhealthy habits, thoughts, or relationships.

The advice here is to confront these bindings and seek liberation from what holds you back. This is rarely comfortable, but neither is growth.

We are creatures of habit, but when we make active decisions to change those habits, we can. 21 days is the average timeframe for when these changes become easier.



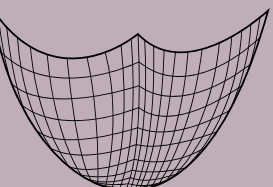
“Their house.”

-The environmental factors. i.e. influenced opinions from friends, social media, music. Sometimes this card will represent your literal house or surroundings.



Things are tough right now huh?

Your environment or the people around you might not feel supportive. You could be feeling a lack of recognition or success, which affects your confidence. I am really starting to wonder if you have recently affected by a narcissist or something similar. Something has definitely shaken you up.



Card



“Their Hopes and Fears.”

-This position is pretty face value, your hopes and fears around the situation.



meant to be analyzed both upright and reversed



As your hopes and fears, this card hints at the underlying currents behind why you make the choices you do. I am mentioning this because with the last card indicating that you may be disappointed in yourself, you might be questioning why you did certain things, or maybe have had thoughts similar to, “what was I thinking.” This. This was your motivators.

You fear unfairness or imbalance in your life. There’s a concern about things not turning out justly or in your favor, but there’s also a hope that justice will prevail if you can restore balance.

So don’t beat yourself up or doubt your abilities. It isn’t like you got in this pickle because you weren’t capable of achieving what you set out for. You aren’t stupid or on the wrong path. Things were just imbalanced, and in your efforts to balance the scales, tipped them over.





“What’s to Come”

-The long-term future. This would be where the advice card comes into play; If we don’t like this outcome, we can change it with that advice.



If you continue on with the mindset you currently have, things are going to end up worse than they are. My intuition is going off that you are looking at life through a lens of lack, and that changing that would slowly fix things. I would like to share a personal story to explain what I mean.

I was raised by someone with a glass half empty outlook and I adopted it. Going through life it was easier to see and talk about the things that went wrong, rather than what went right. Every outing went sour because of 1 or 2 small hiccups. I actually used to say I was cursed because things just went south so quickly every day.

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...cont




I ended up very depressed and one day I was wondering if I would ever see the light again, and in my head I heard “a grateful life is a happy life.” Which at the time made no sense to me, but I took away that I needed to write down 5 things I was grateful for every day. This was incredibly hard for me because I was not grateful, my life sucked.

After struggling for a long time to write anything, I thought about plumbing, and wrote that I was grateful for indoor plumbing. The first week was full of similar entries - electricity, refrigeration, etc.

Well on week two I was at a picnic with my kids, and I thought, “oh, this can make my gratitude list,” and it hit me. I was rewiring my brain to look for the good, rather than the bad. I was enjoying my life. By week three everyone was telling me I looked different, and what did I do?

I had changed my life through the lens of gratitude, and I feel like that may be what is called for here.

It is easy to fall in the lack trap, but it is also easy to pull yourself out.

A large, glowing pearl is nestled inside an open oyster shell. The shell is a light brown color with a scalloped edge. The pearl is a bright, iridescent white with a soft glow. The background of the shell is a gradient of light brown and beige.

If this resonated for you,
there is a 21-day
gratitude journal
available on my website
under free resources.



In Conclusion:

Your guides suggest that your confusion stems from a lack of trust in your intuition and feeling overwhelmed by your circumstances.

There's a need to address habitual patterns, outlooks, and things you use as excuses to not reach for more.

Recognize the efforts you've put in, reassess your approach, and take steps to start trusting yourself again.

Keep in mind that the only thing you can control in any situation is yourself. Other people's opinions and actions are outside of your control, no matter how much you try. Same goes for worrying or overthinking. No amount of worrying will change the outcome, it only changes your current moment to one of stress.

Try gratitude and start asking yourself, "what if everything goes right?" Instead of, "what if everything goes wrong?"

-Chelsea

Stay Magical

